

LABOR DAY 2019



Summer isn't over yet, especially not at La Quinta Resort. Indulge in one of the many activities offered here at the original desert hideaway.



EAT

Enjoy dining at our on-property restaurants: **Morgan's in the desert, Twenty6** and **Adobe Grill**. Or enjoy our signature dishes from the comfort of your room with In-Room Dining, available until 2am.

For reservations: 760.564.5700

RISE & SHINE

Top of the Plaza

Breakfast Burrito Bar
Coffee Grab and Go Station
Daily from 8-11am

Twenty6

Full breakfast buffet or a la carte menu
Daily from 7-11am

WEEKEND INDULGENCE

Saturday and Sunday Only

Taco Cart at Plunge (21+ pool)

11am-3pm

Beverage Cart & Ice Cream Cart

11am-6pm



SHOP

Check out our shops & boutiques at The Plaza and enjoy up to 65% off select items in honor of Labor Day.

Happy Hour Sale

20% off La Quinta Resort S'Well Water Bottles
Friday from 6-8pm



SPLASH

Take a dip in one of our 41 pools to cool off, then enjoy a Dive-In Movie at 7:45pm at The Main Pool. To reserve prime loungers, we suggest arriving by 7:15pm.

Friday: Moana

Saturday: Detective Pikachu

Sunday: How to Train your Dragon - The Hidden World

SPA

Need a break? Make an appointment for one of our specialty Summer Chill treatments at our award-winning Spa La Quinta.

VYBES CALM AND BALANCE CBD MASSAGE | 50 minutes, \$250

CUCUMBER MELON SWEDISH MASSAGE | 50 minutes, \$140

CUCUMBER TEA BALANCING FACIAL | 50 minutes, \$140

CUCUMBER MELON BODY SCRUB | 45 minutes, \$120

Call 760.777.4800 for reservations.

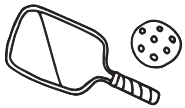


PLAY

Rock Climbing Wall

Fitness Lawn

Saturday from 10am-2pm
\$10 per climb, \$25 unlimited



Pickle Ball & Tennis

Tennis Center

Friday: 7:30am- 6:00pm
Saturday: 7:30am- 6:00pm
Sunday: 7:30am- 5:00pm
Monday: 7:30am- 5:00pm

Family Pickle Ball Clinic
Sat-Mon: 8-9am | \$25.00 PP
Adult Tennis Clinics
Sat-Mon: 8-9am | \$40.00 PP

Family Fun Zone

Center Court

Friday: 5pm-9pm
Saturday: 10am-8pm
Sunday: 10am-8pm
Monday: 10am-2pm



Scavenger Hunt

Stop by Concierge for the first clue.

Face Painter & Balloon Artist

Main Pool

Sunday from 1-3pm

Family Water Balloon Games

Fitness Lawn

Sat-Sun: 1pm



FITNESS SCHEDULE

Friday

7:00am Spin (Spin Studio)
8:15am Aqua Fitness (1900s Pool)
9:15am Cardio, Cuts & Core (Studio TWO)
10:15am Cardio Dance (Studio TWO)
10:15am Gentle Yoga (Studio ONE)

Saturday

7:00am Pilates (Studio TWO)
7:00am Aqua Fitness (1900s Pool)
8:00am Meditation (Studio ONE)
8:00am Spin (Spin Studio)
8:15 am Abs Attack (Studio TWO)
9:00am Gentle Yoga (Studio ONE)
9:15am Flow Yoga (Studio TWO)
10:15am Strength (Studio TWO)
11:00am Family Cardio Dance Class (Studio 2)

Sunday

7:00am Fitness Walk (Fitness Center)
7:00am Pilates (Studio TWO)
8:00am Meditation (Studio ONE)
8:00am Spin Zita (Spin Studio)
8:15am Core Balance & Strength (Studio TWO)
9:00am Gentle Yoga (Studio ONE)
9:15am Flow Yoga (Studio TWO)
9:15am Aqua Fitness Zita (1900s Pool)
11:00am Family Bootcamp (Studio 2)