



SPA
LA QUINTA.®



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LA QUINTA



Spanish Colonial architecture allows the breathtaking Santa Rosa Mountain vistas to engulf you as the mysterious beauty of the desert landscape reflects the spirit within. A true oasis, Spa La Quinta mirrors the sense of timelessness and the quiet spirituality found in nature. Warm desert air and a canopy of blue sky embrace you as you enter our wellness retreat, a place of discovery.

Spa La Quinta offers a peaceful sanctuary and therapeutic treatments to awaken the senses as you enjoy the benefits of nature's own healing elements. With a dedication to inspiring optimal health, well-being and vitality, we use only the best ingredients from the most trusted names in professional skincare.

Choose from a spectrum of advanced skin care science, innovative bodywork techniques or a renewing massage.

Memories of your personal reverie at Spa La Quinta will linger long beyond your stay and draw you back again.

Body Renewal

LA QUINTA CITRUS ESCAPE 75 minutes

Spa La Quinta's citrus infusion of coconut oil, vitamin E, and mandarin oil combined with a blend of sugar, salt, and organic shea butter scrub. Rinse away any worries with the Vichy rain shower, followed by a warm, deep conditioning full body massage, leaving your body feeling revitalized and your skin as soft as cashmere.

GLISTENING AGAVE BODY GLAZE 75 minutes

Begin with a dry brush exfoliation to release dead, dry skin cells, and minimize the appearance of cellulite; then release yourself from all tension as you are massaged deeply with our blushing agave oil made with certified organic sunflower seed oil with hints of cherry and coconut milk. Hands and feet are painted with an organic golden honey glaze serum, then cocooned in a steaming towel wrap for intensive, deep hydration.

SKINCEUTICALS TIGHTENING AND RESURFACING BODY TREATMENT WITH CHEMICAL PEEL 75 minutes

This treatment combines manual exfoliation, signature manipulation, and advanced professional skincare to address rough, dull body skin and to target loose, sagging skin on the abdomen, buttocks, thighs, knees and upper arms. This treatment provides simultaneous hydration, exfoliation, and firming. *Recommended as a series.*

LA QUINTA LUXE BODY RENEWAL 100 minutes

The most relaxing, hydrating, and luxurious of treatments. This service is tailored to you beginning with your very own personalized ZENTS aroma. Following an ultra-hydrating shea butter scrub; you are wrapped in a luscious cocoon, receiving a hot oil scalp treatment, before finishing with a relaxing full body Quench massage. The La Quinta Luxe brings healing to every part of the body, with a personalized aroma healing imprint that awakens the deepest part of the mind.



LA QUINTA BATH RITUAL 20 minutes

Bask in the surroundings of the Santa Rosa Mountains and the sound of the swaying palm trees as you soak in the splendor of your very own private garden tub. Choose from the following bath truffle options:

- **Mandarin** - warming and exotic – ginger mandarin, cardamom, nutmeg, saffron, and vanilla bean
- **Sun** - calming and sensual- vanilla, sandalwood, blood orange, grapefruit, and amber
- **Oolong** – energizing and sophisticated – lime blossom, lavender, oolong tea, petit grain, and bergamot
- **Fresh** – soothing and innocent – linden blossom, cucumber, heliotrope, lemon, and ambrette



Wellness Rituals

PRANAYAMA BREATHING RITUAL 20 minutes

DIRGHA PRANAYAMA, also known as the complete or three-part breath, is the Sanskrit phrase for "extension of life." This ritual promotes proper breathing, detoxes the lungs, invigorates the body with a boost of oxygen, and relaxes the mind.

HIMALAYAN SALT STONE RITUAL 80 minutes

Relax your entire body, mind, and spirit while you experience this full body Himalayan salt stone massage. Feel stress, tension, and toxins melt away. Himalayan salt promotes healthy blood sugar, improves digestion, and supports a healthy respiratory system and sinuses.

AGE-DEFYING BODY RITUAL 75 minutes

Let us pamper you with a hydrating massage and wrap enriched with organic shea butter combined with clinically proven organic paracress plant for improved elasticity, firming, and deep hydration.

FIND YOUR ZEN RITUAL 120 minutes

Stress-reducing biodynamic flower essences detoxify the mind and body. Begin this mind-body cleanse ritual by soaking in our zen blend and truffle-infused bath while you sip a healing tonic. Dry brushing techniques are then used to engage the lymphatic system and calm the mind, followed by a hydrating custom massage. Your ritual will close with a self-guided pranayama breathing journey, allowing you to achieve deep serenity.

Sun Worshipper Rituals

These rituals are steeped in luscious hydration for dry sun-kissed skin in need of deep nourishment. Book a la carte to create your ideal day of bliss in between relaxing at the spa and lounging poolside.

PRE-SUN BODY POLISH 45 minutes

Draw upon the healing elements of ZENTS organic shea butter body polish to invigorate and revitalize your skin. The scrub begins with a soothing application of vitamin E oil, followed by a hydrating shea butter polish. Sugar and salt particles gently return skin texture to its softest and smoothest state. Skin is then lavished with an application of organic shea butter and lotus lotion, followed by sunblock SPF 30 leaving skin silky smooth, and protected from sun rays.

FUN IN THE SUN VITAMIN E REPAIR 50 minutes

Begin with a healing vitamin E whipped shea butter and sugar scrub that gently polishes you to a velvety smooth delight. Once skin is polished, seal the hydration with a sunflower honey butter serum massage, enriched with vitamins A & E.

SUN WORSHIPPER ULTIMATE RITUAL 120 minutes

Sun and Spa all day! Arrive in the morning for a pre-sun exfoliation body polish. Then relax poolside soaking up the sun. Return to the spa for an ultra-hydrating body wrap. Finally, conclude your spa day with a head-to-toe ZENTS Quench body massage. You will experience a full day of sunshine and bliss while your tensions melt away and your skin is left glowing and deeply nourished.

Mommy-To-Be Offerings

Created just for you. Our ultra hydrating and healing UNZENTED Collection, an infusion of organic shea butter and passion flower. Perfect for hydration and the prevention of stretch marks. Performed on expectant mothers only after the first trimester.

MOMMY-TO-BE MASSAGE 50 | 80 minutes

Indulge yourself during this soothing journey with our zen blend-infused prenatal massage.

MOMMY-TO-BE BODY POLISH 75 minutes

Relax and let us unveil your radiant glow as we exfoliate your skin with our organic UNZENTED shea butter-infused body polish, followed by a zen blend infused prenatal massage.

MOMMY-TO-BE ULTIMATE RITUAL

75 minute body treatment + 60 minute pedicure

Let us truly pamper you with this customized prenatal ritual. Relax from head to toe as you experience the UNZENTED shea butter-infused body polish, followed by our zen blend-infused prenatal massage to relax you and your little one. You will then be escorted to our salon to experience a Spa Pedicure while you sip on a yummy zen blend infused tea. And don't forget your complimentary ZENTS UNZENTED gift to continue your mommy to be relaxation at home.

Massage

SPA LA QUINTA SIGNATURE MASSAGE 50 | 80 minutes

Designed for you, this massage is customized to your preferences with varying techniques and pressures ranging from light to deep tissue.

SPORTS MASSAGE 50 | 80 minutes

To enhance your performance and minimize recovery time, this invigorating massage is tailored to your specific physical and athletic goals.

THAI MASSAGE 80 minutes

A combination of rhythmic muscle compression and stretching to promote increased flexibility, range of motion, and relief of joint and muscle tension. Creates a relaxed and balanced mind and body. Performed over loose-fitting clothing.

SACRED STONE THERAPY® 80 minutes

Experience the healing properties of smooth, warmed basalt stones integrated with relaxing Swedish massage techniques.

LOMI LOMI 80 minutes

This Hawaiian tradition, also known as "loving hands," utilizes massage techniques with continuous, flowing strokes that move gently, yet deeply, into the muscles, enabling you to relax, give in and simply be.

DESERT DUET 50 | 80 minutes

Indulge yourself with a customized side-by-side massage in the privacy of our secluded couple's suite.

YOUNG ATHLETE 50 minutes

Perform at the top of your game with this custom sports massage.

FOCUSED MASSAGE 25 minutes

Targeted massage, focusing on a specific muscle group, brings relief to areas of concern.

FOOT REFLEXOLOGY 25 minutes

Pressure applied to foot reflex points stimulates and opens energy pathways, releasing tension and promoting rejuvenation.





Skin Care

HYDRAFACIAL MD

30 minutes | 50 minutes | 90 minutes

The HydraFacial MD is a medical grade, noninvasive multi-step treatment that cleanses, evenly exfoliates and removes impurities and dead skin cells. Vital nutrients, including antioxidants, peptides, and hyaluronic acid, improve the appearance of acne, hyper-pigmentation, pores, and advanced signs of aging – all without surgery, injections, discomfort or downtime.

LA QUINTA SIGNATURE FACIAL *50 minutes | 80 minutes*

This treatment begins with a full skin analysis and personal consultation; includes a deep cleanse, exfoliation, steam and extraction and a relaxing facial massage and personalized mask, customized to your individual needs. *by Babor*

ULTRA LIFTING REFINER FACIAL *50 minutes*

Specially designed to improve the skin's resiliency, HSR® Lifting uses a multitude of innovative complexes to firm, tone and lift. The skin becomes firmer and plumper with more elasticity, allowing the face to regain its youthful contours. A light peel combining glycolic and lactic acid to lift dull dead skin cells and increase cell renewal. Delivers a smoother, brighter, more refined complexion. *by Babor*

REVERSIVE ANTI-AGING FACIAL *80 minutes*

Turn back time. Utilizing the revolutionary time-reverse technology of the BABOR RE-YOUTH COMPLEX this innovative, luxury facial treatment retains and extends skin cell lifespan, reactivates the skin's own anti-aging mechanisms and reclaims lost radiance as it visibly smooths fine lines and wrinkles. The lifting effects of the treatment are further amplified by our exclusive, intensively firming massage technique. *by Babor*

GENTLEMEN'S CUSTOM FACIAL *50 minutes | 80 minutes*

Cleansing, clarifying and boosting energy will be at the forefront of this facial. Customized to the needs of male skin and their daily rituals, this treatment supercharges the face while soothing irritation from shaving and moisturizing the skin for long-lasting results. *by Babor*

PURE JUNIOR FACIAL *50 minutes*

The perfect treatment for all types of teen skin. This comprehensive facial incorporates powerful active ingredients to purify, balance, tone and protect. *by Babor*

GEL PEEL TREATMENT *50 minutes*

This hydroxy acid treatment is designed to minimize the appearance of surface lines, smooth, rough skin texture, aid in clearing acne, and help fade hyperpigmentation. *by SkinCeuticals*

AGE-DEFYING LASER & ANTIOXIDANT TREATMENT *50 minutes*

The Age-Defying Laser activates the skin's healing process to generate new collagen for a smoother, more youthful complexion. The microchannels enhance the penetration of products into the skin. This treatment partners the laser with two powerful antioxidants - CE Ferulic and Resveratrol BE. *by SkinCeuticals*

For optimal benefits it is recommended to do a series of 4-6 treatments, spaced 1-2 weeks apart.

ALPHA BETA PEEL TREATMENT *80 minutes*

This peel treatment is for a wide range of skin types and combines both alpha and beta hydroxy acids to minimize the appearance of fine lines, smooth out rough skin texture, aid in clearing acne, and help fade hyperpigmentation. *by SkinCeuticals*

HYDRATING AND ANTI-AGING TREATMENT *80 minutes*

This treatment utilizes advanced lipidomic technologies and delivery systems to help skin replenish, restore and maintain hydration. Reduces the appearance of fine lines and rough texture and receive renewed elasticity, nourishment and radiance. *by SkinCeuticals*

Facial Enhancements

PERK LIP 5 minutes

This 5-minute treatment exfoliates, conditions, and hydrates leaving lips healthy and plumped. Includes your own exclusive 30-day supply to continue healthy, beautiful lips. *by HydraFacial MD*

PERK EYE 5 minutes

This 5-minute treatment conditions, refines, and hydrates your beautiful, delicate eye area. Includes your own exclusive 30-day supply to continue use at home. *by HydraFacial MD*

NUFACE® 30 minutes

Gentle micro-current technology firms facial muscles, dramatically diminishes fine lines and wrinkles, improves skin tone and elasticity and enhances collagen production with LED light therapy.

Body Enhancements

HAND QUENCH 20 minutes

FOOT QUENCH 20 minutes

Begin your treatment with a relaxing hand or foot massage with ZENTS Quench ~ a blend of cashmere oil with organic coconut and passion flower and firming repair balm with organic shea butter and paracress.

SCALP QUENCH 20 minutes

This relaxing scalp Quench is offered dry, unscented, or in your aroma of choice. If selected, oil is drizzled over the scalp for a hydrating scalp massage and hot oil hair treatment resulting in a happy, healthy scalp and beautiful, shiny hair.

MOMMY-TO-BE BELLY QUENCH *no additional time needed*

Ultra hydrating and healing infusion of organic coconut, shea butter, passion flower, and paracress. Perfect for hydration and for the prevention of stretch marks.

Waxing Services Available Upon Request



Nail Services

EXPRESS MANICURE 25 minutes

EXPRESS PEDICURE 25 minutes

Express services include: trim, file, shape, cuticle care, and buff. Finish with a polish application of your choice.

SPA MANICURE 45 minutes

SPA PEDICURE 60 minutes

A soothing soak, along with an exfoliating sugar crystal scrub, and a moisturizing massage, leave your skin deeply nourished and hydrated. Finish with a polish application of your choice.

LA QUINTA LUXE MANICURE 60 minutes

A deeply nourishing shea butter manicure that promotes healthy nails and hands. Offered in your chosen ZENTS aroma. This ultra hydrating and relaxing service begins with a soak using organic shea butter and fruit extract wash, followed by a smoothing and hydrating organic shea butter scrub. Relax as hands are massaged with organic shea butter and vitamin E cashmere oil, followed with a painted on firming and moisturizing mask. This luxe experience culminates with warm paraffin to seal in the moisture.

LA QUINTA LUXE PEDICURE 75 minutes

A deeply nourishing shea butter pedicure that promotes healthy nails and feet. Choose a ZENTS aroma and enjoy this ultra hydrating experience that begins with a soothing soak using arnica and organic shea butter-infused Epsom salt bath truffle, followed by a smoothing and hydrating organic shea butter scrub. Relax as feet are massaged with organic shea butter and vitamin E cashmere oil, followed with a painted on firming and moisturizing mask. This luxe experience culminates with warm paraffin to seal in the moisture.

GEL MANICURE 60 minutes

GEL PEDICURE 75 minutes

CHILDREN'S MANICURE 25 minutes

CHILDREN'S PEDICURE 25 minutes

Nail Enhancements

PARAFFIN TREATMENT

CALLUS REMOVER

FRENCH POLISH

GEL REMOVAL

GEL APPLICATION

Hair Care

THE PERFECT BLOWOUT - SHAMPOO AND STYLE

WOMEN'S CUT

GENTLEMEN'S CUT

CHILDREN'S CUT (ages 10 and under)

COLOR PROCESS

PARTIAL HIGHLIGHTS

FULL HIGHLIGHTS

UP-DOS AND EVENT STYLING

DEEP CONDITIONING TREATMENT

AROMATHERAPY SCALP MASSAGE

GLOBAL KERATIN STRAIGHTENING SYSTEM

BRIDAL HAIR TRIAL/DAY OF WEDDING

Makeup

MAKEUP APPLICATION

MAKEUP LESSON

BRIDAL MAKEUP TRIAL/DAY OF WEDDING



SPA
LA QUINTA

Logo

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